

## What do children learn in RSE in school?

Questions children will consider		Content Areas
<b>EYFS</b>	<ul style="list-style-type: none"> <li>• What can my body do?</li> <li>• How can I look after my body and keep it clean?</li> <li>• How am I learning to take care of myself and what do I still need help with?</li> <li>• Who are the members of my family and trusted people who look after me?</li> <li>• How do I feel about growing up?</li> <li>• How can I be a good friend?</li> <li>• Can I recognise and show my emotions?</li> </ul>	<ul style="list-style-type: none"> <li>• Self-care skills</li> <li>• Change and responsibilities</li> <li>• Identifying and managing emotions</li> <li>• My teeth</li> </ul>
<b>Year 1/2</b>	<ul style="list-style-type: none"> <li>• What are the names of the main parts of the body? (R)</li> <li>• What can my amazing body do?</li> <li>• When am I in charge of my actions and my body? (R)</li> <li>• How can I keep my body clean? (H)</li> <li>• How can I avoid spreading common illnesses and diseases? (H)</li> <li>• How do babies change and grow? (Science)</li> <li>• How have I changed since I was a baby? (Science)</li> <li>• What is growing in that bump? (Science)</li> <li>• What do babies and children need from their families? (R)</li> <li>• Which stable, caring relationships are at the heart of families I know? (R)</li> <li>• What are my responsibilities now I'm growing up? (H)</li> </ul>	<ul style="list-style-type: none"> <li>• External parts of the body</li> <li>• Valuing the body</li> <li>• Personal hygiene</li> <li>• Babies to children to adults</li> <li>• Growing up</li> <li>• Changing responsibilities</li> </ul>
<b>Year 3/4</b>	<ul style="list-style-type: none"> <li>• How are male and female bodies different and what are the different parts called? (R)</li> <li>• When do we talk about our bodies, how they change, and who do we talk to? (R)</li> <li>• What can my body do and how is it special?</li> <li>• Why is it important to keep myself clean? (H)</li> <li>• What can I do for myself to stay clean and how will this change in the future? (H)</li> <li>• How do different illnesses and diseases spread and what can I do to prevent this? (H)</li> <li>• What are the main stages of the human life cycle? (Science)</li> <li>• How did I begin? (Sex Ed)</li> <li>• What does it mean to be 'grown up'? (H)</li> <li>• What am I responsible for now and how will this change? (H)</li> <li>• How do different caring, stable, adult relationships create a secure environment for children to grow up? (R)</li> </ul>	<ul style="list-style-type: none"> <li>• Difference between males and females</li> <li>• Valuing the body</li> <li>• Responsibilities for hygiene</li> <li>• Stages of human life</li> <li>• Sperm+egg=baby</li> <li>• Being grown up</li> <li>• My responsibilities</li> <li>• Parents/carers' responsibilities</li> </ul>
<b>Year 5/6</b>	<ul style="list-style-type: none"> <li>• What are male and female sexual parts called and what are their functions? (R)</li> <li>• How can I talk about bodies confidently and appropriately? (R)</li> <li>• What happens to different bodies at puberty? (H)</li> <li>• What might influence my view of my body?</li> <li>• How can I keep my growing and changing body clean? (H)</li> <li>• How can I reduce the spread of viruses and bacteria? (H)</li> <li>• What are different ways babies are conceived and born? (Sex Ed)</li> <li>• What effect might puberty have on people's feelings and emotions? (H)</li> <li>• How can my words or actions affect how others feel, and what are my responsibilities? (H)</li> <li>• What should adults think about before they have children? (R)</li> <li>• Why might people get married or become civil partners? (R)</li> <li>• What are different families like? (R)</li> </ul>	<ul style="list-style-type: none"> <li>• Names of sexual parts</li> <li>• Puberty</li> <li>• Menstruation</li> <li>• Body image</li> <li>• Changing hygiene routines                             <ul style="list-style-type: none"> <li>• Viruses and bacteria</li> </ul> </li> <li>• Human lifecycle                             <ul style="list-style-type: none"> <li>• Human sexual reproduction</li> </ul> </li> <li>• Changing emotions</li> <li>• Responsibility for others</li> <li>• Love, marriage and families</li> </ul>

• (R) after a question shows that this is part of statutory Relationships Education. (H) shows the question is part of statutory Health Education.